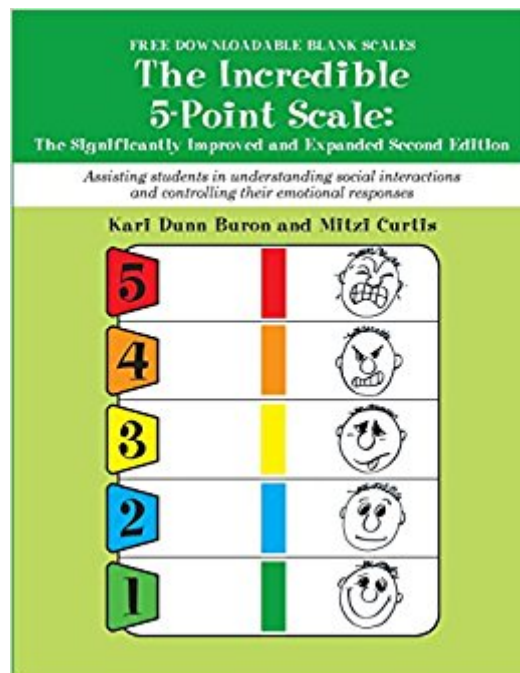


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# Incredible 5 Point Scale: The Significantly Improved And Expanded Second Edition; Assisting Students In Understanding Social Interactions And Controlling Their Emotional Responses



## Synopsis

This much-awaited, second edition of the wildly popular Incredible 5-Point Scale is, as the title suggests, "significantly improved and expanded." Using the same practical and user-friendly format as the first edition, Buron and Curtis let readers benefit from work done with the scales over the past 10 years, to result in refinements to the original scales, now considered "classics" in homes and classrooms across the country and abroad, as well as lots of new scales specifically designed for two groups of individuals: young children and those with more classic presentations of autism, including expanded use of the Anxiety Curve. Another welcome addition is a list of goals and objectives related to incorporating scales in students' IEPs. Also, a free online downloadable content, which includes blank scales, small portable scales and worksheets for easy duplication is available. As in their other writings, the authors emphasize the importance of self-management and self-regulation, two evidence-based practices.

## Book Information

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## Customer Reviews

I'm a long time fan of the 5-Point Scale. In five words, it's respectful, thoughtful, flexible, versatile, and practical. In a few words, it's a classic instructional tool. This second edition is as beautifully organized as the first; easy to read and packed with new insights and ideas. It's proof that even a classic, like the original Incredible 5-Point Scale, can be both timeless and timely! A great resource just got better! --Carol Gray, author of *Social Stories* and *Comic Strip Conversations* Supporting emotional regulation has become a critical priority in effective programming for students with ASD.

The Incredible 5-Point Scale was one of the first practical supports to address this great need. In this second edition, Kari Dunn Buron and Mitzi Curtis have once again provided us with a critical tool to help all partners recognize and teach students to become aware of their state of regulation, and, therefore, to help all students to be more available for learning and engaging. --Barry M. Prizant, PhD, CCC-SLP, director, Childhood Communication Services, and adjunct professor, Center for the Study of Human Development, Brown University

If you want to teach a child social and interpersonal abilities and emotional self-control, this book will become your primary resource in the classroom and at home. The strategies are simple, clear, flexible, and fun, and are based on the authors' increasing practical experience. I particularly appreciated how the activities can be personalized include graphics and humor, and combine social and emotional themes. The scale is genuinely incredible. --Tony Attwood, PhD, director, The Minds and Hearts Clinic, Brisbane, Australia, and author of The Complete Guide to Asperger's Syndrome

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Kari Dunn Buron taught in K-12 with students on the autism spectrum for 30+ years. She developed an Autism Spectrum Disorders Certificate program for educators at Hamline University in St. Paul, MN and has done volunteer work specific to autism in Trinidad, Tobago, Barbados, Tanzania and Ghana. In 2003, Kari received a Self-designed Bush Leadership Fellowship that allowed her to spend a year interviewing and working internationally with a number of scientists and researchers in the area of Social Cognition, Education and Autism with a focus on challenging behaviors. Kari is the co-author of The Incredible 5-Point Scale, and the author of When My Worries Get Too Big, A 5 Could Make Me Lose Control and A 5 is Against the Law! (2008 ASA literary award winner). Kari is the co-editor of a textbook for educators titled Learners on the Autism Spectrum: Preparing Highly Qualified Educators (2009 ASA literary award winner) and is the creator of an original social skills magazine designed for students with Asperger Syndrome called The Social Times (2010 Gold Winner, National Parenting Publications Award and Gold Medal Winner Moonbeam Children's Book Awards). Mitzi Beth Curtis, MsEd, is an autism resource specialist currently working for Intermediate School District 287 in Minnesota and is consulting with Minnesota Life College. She has worked in special education, supported employment and residential programs for individuals with disabilities since 1978. Her youngest sister, Maria, sent her on this journey with her birth in 1963.

Great tool to use as a therapist. The book presents many different ways to use the 5-point scale: for a child who is aggressive, anxious, etc. My favorite use of the tool is to use a 5-point scale for kids to identify their behaviors at each level 1-5 (e.g., 5 = out of control; hitting, kicking, biting, spitting); next column is for "What I can do" and the final column is for the parent to work out their strategies ("What my mom/dad can do").

I am a special education teacher and I love this book. I am buying a second one as my first was borrowed and not returned. I have been missing it.

No CD came with the book-- just the paperback book. I purchased this book to help a child with

autism so that we can work on managing his behaviors. The scales are a nice visual and can be incorporated into a classroom or home setting.

The 5 point scale is a great tool to use for students to develop skills for making behavior change.

i would love this product, but there is no CD with it :/ as advertised in the description. Would be willing to buy it so I can reproduce the templates, but can't find where to buy one. If anyone knows how I can get hold of the CD please let me know. It looks like a great system otherwise.

I purchased this book hoping to get tips on creating a 5 point scale for helping my child recognize and problem-solve their escalation issues. It has a great explanation and anecdotes of situations in which it helped children/teens/adults in visualizing their emotional states. The whole concept is a great strategy, first in creating a scale for emotional states or graphing escalation and as detailed as creating rubric for expected behaviors. However, I was a little disappointed that they don't parallel other social thinking products such as the Zones of Regulation. We were incorporating both systems and if your child is very visual and rigid, this can throw you/them off.

The five point scale is something that should be used in every elementary classroom especially if that class includes special needs children. It gives everyone a visual way to judge their behavior.

good resource for teaching emotional regulation

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